

# YOUTH FLAG FOOTBALL



## Fall 2026

### August 26 - October 17

**“Rec” level youth flag football for beginner and intermediate skill levels. Divisions for 1st-8th graders, determined by '26/'27 school year.**

### **Rookie League (1st & 2nd Grades)**

**Games on Wednesday evenings**

The first 15 minutes of each rookie game will be dedicated to individual team practice and skill development. After the 15-minute practice, teams will hold a 30-minute game with 15-minute halves. There will be a two-minute time out between halves.

### **Recreation League(3rd-8th Grades)**

**Games on Saturday mornings/early afternoons (*no later than 2pm*)**

Games will consist of two 20-minute halves, with a 2-minute halftime.

*Weeknight practices optional, determined by Coach.*

**All games (all divisions) are at Mill Hollow Park.**

**Registration: June 1 - August 3, 2026**

**\$75/Member**

**\$85/Non Member**

*(includes jersey & 7 games)*

**Find complete program information and register online via  
[CHparksandrecUT.gov](http://CHparksandrecUT.gov)**



### **Questions?**

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