

CHRC POOL SCHEDULE EFFECTIVE MONDAY MAY 6-24, 2024 COTTONWOODHEIGHTS.COM/AQUATICS

MAY	RACING POOL LAP SWIMMING (AT LEAST 2 LANES)	SPECIALTY POOL LAP SWIMMING	DIVE TANK OPEN PLUNGE	SPLASH ZONE OPEN PLUNGE	SPECIALTY POOL OPEN PLUNGE	SAUNA & HOT TUB
MONDAY	5AM-2:50PM 6PM-8:30PM	5AM-9:55AM 11AM-3:45PM	6PM - 8:30PM	5PM - 8PM	6PM - 8:30PM	5AM - 8:30PM
TUESDAY	5AM-2:50PM 6PM-8:30PM	5AM-7:55AM 12PM-3:45PM	CLOSED *CHRC PROGRAMS	10AM-11:30AM	CLOSED *CHRC PROGRAMS	5AM - 8:30PM
WEDNESDAY	5AM-2:50PM 6PM-8:30PM	5AM-8:55AM 11AM-3:45PM	6PM - 8:30PM	5PM - 8PM	6PM - 8:30PM	5AM - 8:30PM
THURSDAY	5AM-2:50PM 6PM-8:30PM	5AM-8:55AM 12PM-3:45PM	CLOSED *CHRC PROGRAMS	10AM-11:30AM	CLOSED *CHRC PROGRAMS	5AM - 8:30PM
FRIDAY	5AM - 1PM 6PM - 7:30PM	5AM-8:55AM 11AM-3:45PM	6PM - 7:30PM	5PM - 7:00PM	6PM - 7:30PM	5AM - 7:30PM
SATURDAY	6AM-6PM	6AM-8:55AM	12PM - 6PM	12PM - 6PM	12PM - 6PM	6AM - 6PM
SUNDAY	11AM-3:30PM	OPEN PLUNGE	11AM - 3:30PM	11AM - 3:30PM	11AM - 3:30PM	11AM - 3:30PM

Our pools are for multiple uses. Activities include: water fitness, swim teams, lessons, water polo, and specialty programs that may restrict lane availability. Lanes need to be shared if there are more swimmers than lanes available. If there are three or more per lane, circle swimming must be done (stay to the right). Swimmers must be at least 14 years of age to be in the lap lanes. Youth swimmers (under 14 years old) must be able to swim 50 yards of a strong stroke, or get approval from a Supervisor to swim.

Appropriate swimwear, regardless of gender or age, must be worn at all times. No thongs or "t-backs". Anyone who is not potty-trained must wear a swim diaper & plastic pants (can be purchased here). Children 5 years of age and under must be within arms reach of a parent or chaperone, age 14 or older, while in the pool. Children under 8 must not be left unattended in the pool areas. No glassware is permitted in the aquatics areas. No alcohol or smoking is permitted anywhere on the premises. Swim at your own risk.

QUESTIONS?
AUDREY DURFEE
MANAGER, AQUATICS DEPARTMENT
801-943-3190 EXT. 116
AUDREY@COTTONWOODHEIGHTS.COM

DUE TO SCHOOL SUN & FUN DAYS THE OUTDOOR DIVE TANK WILL OPEN FOR LAP SWIM AT 2PM ON THE FOLLOWING DAYS:
MAY 22ND, 23RD, AND 24TH.
REGULAR LAP SWIM HOURS MONDAY-FRIDAY
OUTDOOR DIVE: 12PM-6PM
OUTDOOR RACE: 12PM-3PM

WEATHER PERMITTING